

Goals

Why Set Goals?

- 2 Corinthians 5:9,10--deeds
- Matt. 5:16--glorify
- 1 Corinthians 9:26--run with aim
- Proverbs 13:4--soul made fat
- 1 Corinthians 3:8--rewarded according to labor

How to Set Goals

1. Pray for wisdom and plan your goals--James 1:5, Is. 32:7,8,
Prov. 21:5
2. Get counsel--Prov. 20:18, 24:6
3. Plan achievable steps--Deut. 7:22, Jer. 31:21
4. Set a deadline--Neh. 2:6
5. Discipline yourself to achieve your goals--1 Cor. 9:25,
1 Tim. 2:4, 4:7
6. Be accountable to someone--Luke 9:10
7. Rely on God's promises to accomplish your goals--Phil. 4:13,
2 Pet. 1:4

What Goals?

To accomplish good, we should rely on God's promises. PROMISE can be an acronym for 7 key areas for goals:

- P**--Physical fitness--How can I improve my health and fitness?
- R**--Relationships--How can I restore or improve my relationships?
- O**--Occupation--How can I improve my job performance?
- M**--Money--How can I improve in saving, spending, and giving my money wisely?
- I**--Intellect--How can I be more aware of world events, cultures, and trends?
- S**--Spiritual--How can I grow in the grace and knowledge of our Lord?
- E**--Enjoyment--What are things I enjoy doing with loved ones?